



# New Westminister Family Place

A family resource program for families with children 0-5 years old

## November 2016

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1</b> Drop In Clothing Exchange Drop In	<b>2</b> Drop In Choosing Suitable Daycare ~~ Office Hours	<b>3</b> Drop In Infant Development ~~ Nobody's Perfect	<b>4</b> Drop In ~~ Office Hours	<b>5</b>
<b>6</b>	<b>7</b> Drop In ~~ Drop In	<b>8</b> Drop In Pasta Morning ~~ Drop In	<b>9</b> Drop In Dental Hygiene Part I ~~ Office Hours	<b>10</b> Drop In SWIS Worker ~~ Nobody's Perfect	<b>11</b> Closed for Remembrance Day	<b>12</b>
<b>13</b>	<b>14</b> Drop In ~~ Drop In	<b>15</b> Drop In Clothing Exchange Drop In	<b>16</b> Drop In Dental Hygiene Part II ~~ Office Hours	<b>17</b> Drop In ~~ Nobody's Perfect	<b>18</b> Drop In ~~ Office Hours	<b>19</b>
<b>20</b>	<b>21</b> Drop In ~~ Drop In	<b>22</b> Drop In ~~ Drop In	<b>23</b> Drop In Love Helps Growing Brains ~~ Office Hours	<b>24</b> Drop In Public Health Nurse ~~ Office Hours	<b>25</b> Drop In Birthday Party ~~ Office Hours	<b>26</b>
<b>27</b>	<b>28</b> Drop In ~~ Drop In	<b>29</b> Drop In ~~ Drop In	<b>30</b> Drop In Cold & Flu Prevention ~~ Office Hours	<b>Like Us on Facebook</b> <b>@newwestminsterfamilyplace</b> 		

**Main Site:** 101 – 93 Sixth Street, New Westminister V3L 2Z8

**Drop In Hours:** Mornings 9:30 – 11:30 Monday – Friday  
Afternoons 1:00 – 3:00 Monday & Tuesday

**Phone:** 604-520-3666

**Website:** nwfamily.bc.ca

**More program information on the back.**

**New Westminster Family Place**  
**101 – 93 Sixth Street, New Westminster 604-520-3666**

**Lord Kelvin Elementary School Drop In Program:** Join us on Tuesday, Thursday & Friday mornings from 9:00 – 11:00 for our family drop-in program at 1010 Hamilton Street. (We are in the green portable on the 7<sup>th</sup> Avenue side). Enjoy playtime, art, playdough, snacks and songs. Note: this program is closed when the school is closed. *Funded by the United Way*  
**Closed Nov 11<sup>th</sup>**



**Parent-Child Mother Goose Program** is a group experience for parents and their young children 1 year to 4 years old. Trained facilitators focus on the pleasure and power of sharing rhymes, songs and stories. Pre-registration is required. Phone for details about the next session.  
*Funded by the United Way*

**Nobody's Perfect Parenting Program** is for parents of children aged 0 – 5, running for six consecutive Thursdays from 1:30 – 3:30 at our main site. The next session will start November 3<sup>rd</sup>. Childminding is provided and pre-registration is required.

**Immigrant Grandparents & Grandchildren Learning Together** is on Fridays from 12:30 – 2:00 at Qayqayt Elementary School Neighbourhood Learning Centre located at 85 Merivale Street.  
Note: this program is closed when the school is closed. **Closed Nov 11<sup>th</sup>**

---

**Dates to Remember in November**

**Nov 1<sup>st</sup> 15<sup>th</sup>** Clothing Exchange – gently used children's clothing available in the morning and afternoon sessions. The clothing exchange is open to Family Place clients only. Minimum \$2 donation.

**Nov 3<sup>rd</sup>** Child Development Specialist will be here to answer your questions. 10:00 – 11:00

**Nov 8<sup>th</sup>** Pasta Morning! The children receive a hot pasta snack in the morning session. There will be a healthy snack served in the afternoon session.

**Nov 10<sup>th</sup>** SWIS Worker (Settlement Worker In Schools) will be here to answer newcomers' questions about adapting to Canadian life. 10:00 – 11:00

**Nov 24<sup>th</sup>** Public Health Nurse will be here to answer your questions. 10:00 – 11:00

**Nov 25<sup>th</sup>** Birthday Party! Everyone is invited to celebrate with children born this month. Be sure to tell the staff if your child has a birthday this month.

---

**Parent Education:** Childminding is provided. Please arrive at 9:30 to settle your children in the playroom.

**Nov 2<sup>nd</sup> Choosing Suitable Daycare:** Join staff from YMCA Child Care Information & Referral to learn how to choose the right daycare for your family.

**Nov 9<sup>th</sup> Dental Hygiene for Children Part I & II:** Join UBC dental hygiene students to learn more about 16<sup>th</sup> caring for your child's teeth. Attend one or both sessions.

**Nov 23<sup>rd</sup> Love Helps Growing Brains:** Join Jan Hart, registered psychologist, to learn how loving your child influences their developing brains.

**Nov 30<sup>th</sup> Cold & Flu Prevention:** Join a nurse to learn what you can do to stay healthy this fall & winter.