



# New Westminister Family Place

A family resource program for families with children 0-5 years old

## December 2016

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Like Us on Facebook @newwestministerfamilyplace 				<b>1</b> Drop In Child Development Specialist ~~~ Nobody's Perfect	<b>2</b> Drop In ~~~ Office Hours	<b>3</b>
<b>4</b>	<b>5</b> Drop In ~~~ Drop In	<b>6</b> Drop In Clothing Exchange Drop In	<b>7</b> Drop In Family Yoga ~~~ Office Hours	<b>8</b> Drop In ~~~ Nobody's Perfect	<b>9</b> Drop In ~~~ Office Hours	<b>10</b>
<b>11</b>	<b>12</b> Drop In Speech & Hearing Therapist ~~~ Drop In	<b>13</b> Christmas Party am <b>Must Pre-register</b> <b>No Drop In</b> Christmas Party pm	<b>14</b> Drop In Self-care for Parents ~~~ Office Hours	<b>15</b> Drop In ~~~ Office Hours	<b>16</b> Drop In ~~~ Office Hours	<b>17</b>
<b>18</b>	<b>19</b> Drop In ~~~ Drop In	<b>20</b> Drop In Clothing Exchange Drop In	<b>21</b> Drop In Christmas Tea for Parents ~~~ Office Hours	<b>22</b> Drop In Public Health Nurse ~~~ Office Hours	<b>23</b> Drop In Birthday Party ~~~ Office Hours	<b>24</b>
<b>25</b>	<b>26</b> Closed for Christmas	<b>27</b> Closed for Christmas	<b>28</b> Closed for Christmas	<b>29</b> Closed for Christmas	<b>30</b> Closed for Christmas	<b>31</b>

**Main Site:** 101 – 93 Sixth Street, New Westminister V3L 2Z8

**Phone:** 604-520-3666

**Drop In Hours:** Mornings 9:30 – 11:30 Monday – Friday  
 Afternoons 1:00 – 3:00 Monday & Tuesday

**Website:** [nwfamily.bc.ca](http://nwfamily.bc.ca)

**More program information on the back.  
 Happy Holidays!  
 Family Place will re-open on Wednesday  
 January 4<sup>th</sup>, 2017**

**New Westminster Family Place**  
**101 – 93 Sixth Street, New Westminster 604-520-3666**

**Lord Kelvin Elementary School Drop In Program:** Join us on Thursday & Friday mornings from 9:00 – 11:00 for our family drop-in program at 1010 Hamilton Street. (We are in the green portable on the 7<sup>th</sup> Avenue side). Enjoy playtime, art, playdough, snacks and songs. Note: this program is closed when the school is closed. **Closed Dec 20 – Jan 3 for Christmas. Re-starting on Thursday Jan 5<sup>th</sup>**  
*Funded by the United Way*



**Parent-Child Mother Goose Program** is a group experience for parents and their young children 1 year to 4 years old. Trained facilitators focus on the pleasure and power of sharing rhymes, songs and stories. The next session will run 8 consecutive Thursdays, Jan 19 - Mar 9, from 6:15 – 7:30 pm at the Qayqayt Elementary School Neighbourhood Learning Centre. Pre-registration is required. Phone Family Place to register.

*Funded by the United Way*

**Nobody's Perfect Parenting Program** is for parents of children aged 0 – 5, running for six consecutive Thursdays from 1:30 – 3:30 at our main site. The next session will start January 12<sup>th</sup>. Childminding is provided and pre-registration is required. Phone Family Place to register.

**Immigrant Grandparents & Grandchildren Learning Together** is on Fridays from 12:30 – 2:00 at Qayqayt Elementary School Neighbourhood Learning Centre located at 85 Merivale Street.

Note: this program is closed when the school is closed. Last day before Christmas holidays is Dec 16<sup>th</sup>

**Re-starting Jan 13<sup>th</sup>**

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### Dates to Remember in December

- Dec 1<sup>st</sup>** Child Development Specialist will be here to answer your questions. 10:00 – 11:00
- Dec 6<sup>th</sup>** Clothing Exchange – free used children's clothing in the morning and afternoon sessions.  
**20<sup>th</sup>** \*\* Please note: the clothing exchange is open to Family Place clients only.
- Dec 12<sup>th</sup>** Speech & Hearing specialist will be here to answer your questions. 10:00 – 11:00
- Dec 13<sup>th</sup>** Christmas Party in the morning and afternoon. This is a potluck party so bring a prepared food dish to share. **You must pre-register. NO DROP IN TODAY.**
- Dec 21<sup>st</sup>** Christmas Tea for Parents. Escape the hustle and bustle of the holidays and relax in the parents room with tea and cookies while the children have fun in the playroom.
- Dec 22<sup>nd</sup>** Public Health Nurse will be here to answer your questions. 10:00 – 11:00
- Dec 23<sup>rd</sup>** Birthday Party for all of the children who have had a birthday this month. Be sure to tell staff if your child has a birthday this month.

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**Parent Education Classes** Childminding is provided. Please arrive at 9:30 to settle your children in the playroom.

**Dec 7<sup>th</sup> – Family Yoga:** Stretch, breathe & relax with a certified yoga instructor who is also an early childhood educator. Children will participate with their parents.

**Dec 14<sup>th</sup> – Self Care for Parents:** Join Gordana for ideas on ways to care for yourself and keep stress to a minimum over the holidays.

