



New Westminster Family Place

A family resource program for families with children 0-5 years old

January 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Closed for New Year's Day	2 Drop In ~~ Drop In	3 Drop In Movie & Popcorn for Parents ~~ Office Hours	4 Drop In ~~ Office Hours	5 Drop In ~~ Office Hours	6
7	8 Drop In ~~ Drop In	9 Drop In ~~ Drop In	10 Drop In ~~ Office Hours	11 Drop In ~~ Nobody's Perfect (Pre-register) 1:30 – 3:30 ~~ Picky Eating Solutions (Pre-register) 6:00 – 8:00	12 Drop In ~~ Baby Food 101 (Pre-register) 1:00 – 3:00	13
14	15 Drop In ~~ Drop In	16 Drop In ~~ Drop In	17 Drop In ~~ Office Hours	18 Drop In ~~ Nobody's Perfect 1:30 – 3:30	19 Drop In ~~ Office Hours	20
21	22 Drop In ~~ Drop In	23 Drop In ~~ Drop In	24 Drop In Parent Coaching (Pre-register) ~~ Office Hours	25 Drop In Public Health Nurse ~~ Nobody's Perfect 1:30 – 3:30	26 Drop In Birthday Party ~~ Office Hours	27 Nobody's Perfect (Pre-register) 12:00 – 2:00
28	29 Drop In ~~ Drop In	30 Drop In ~~ Drop In	31 Drop In Teddy Bear Picnic ~~ Creative Explorations (Pre-register) 12:30 – 2:00	Sixth Street Site Address: 101 – 93 Sixth Street New Westminster V3L 2Z8 Phone: 604-520-3666 Drop In Hours: Mornings 9:30 – 11:30 Mon – Fri & Afternoons 1:00 – 3:00 Mon & Tues Website: nwfamily.bc.ca Email: info@nwfamily.bc.ca		

More program information on the back.

New Westminster Family Place
101 – 93 Sixth Street, New Westminster 604-520-3666

Lord Kelvin Elementary School Drop In Program: Join us on Tuesday, Wednesday & Friday mornings from 9:30 – 11:30 for our family drop-in program at 1010 Hamilton Street. (We are in the green portable on the 7th Avenue side). Enjoy playtime, art, playdough, snacks and songs. Note: this program is closed when the school is closed. Re-opening on January 9th *Funded by the United Way*

Parent-Child Mother Goose Program is a group experience for parents and their young children 1 year to 4 years old. Trained facilitators focus on the pleasure and power of sharing rhymes, songs and stories. Pre-registration is required. Phone about the next session. *Funded by the United Way*



Nobody's Perfect Parenting Program, at our Sixth Street site, is for parents of children aged 0 – 5. Childminding is provided and pre-registration is required. **Thursday 6 week program** January 11- Feb 15 from 1:30 – 3:30 with a snack provided and **Saturday 8 week program** Jan 27 – Mar 17, 12:00 – 2:00 with a light lunch provided.

Immigrant Grandparents & Grandchildren Learning Together is on Fridays from 12:30 – 2:00 at Qayqayt Elementary School Neighbourhood Learning Centre located at 85 Merivale Street. Note: this program is closed when the school is closed. Re-starting on Jan 12th

Creative Explorations is for parents & children to explore the creative self through arts & crafts, songs & stories. We ask that families commit to all 5 sessions, Wednesdays Jan 31 – Feb 28. In partnership with Family Services. Register at info@nwfamily.bc.ca

Dates to Remember in January

Note**** Clothing Exchange is no longer running twice per month. Instead, we will have a clothing cupboard available at each session. ****

Jan 3rd Movie & Popcorn for parents. Enjoy a movie while the children play. The movie starts at 9:30.

Jan 25th Public Health Nurse will be here to answer your questions. 10:00 – 11:00

Jan 26th Birthday Party! Everyone is invited to celebrate with children born this month.

Jan 31st Teddy Bear Picnic. Bring your child's favorite teddy bear and enjoy our indoor picnic.

Parent Education: Please pre-register at Family Place or email info@nwfamily.bc.ca

Jan 11th Picky Eater Solutions: Trying to get your toddler or preschooler to eat new foods? Join dietician Kristen Yarker to learn what actually works. Light refreshments and childminding provided. 6:00 – 8:00 pm

Jan 12th Baby Food 101: Getting ready to introduce solid foods? Join dietician Kristen Yarker for information about feeding your baby to ensure their nutritional needs, prevent choking and food allergies. 1:00 – 3:00

Jan 24th Parent Coaching Session : An opportunity to discuss your family situation in a one-to-one setting with a parenting coach from Information Children. Common topics include: whining and temper tantrums; behaviour & discipline; challenges at meal times; sleep or any other topic.

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