




New Westminster Family Place

Sixth Street location schedule

A family resource program for families with children 0-5 years old

February 2018

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
Like Us on Facebook @ newwestminsterfamilyplace 				1 Drop In Child Development Specialist ~~~ Nobody's Perfect 1:30 – 3:30	2 Drop In ~~~ Infant/Child CPR 1-3 pm	3 Nobody's Perfect 12 – 2 pm
4	5 Drop In ~~~ Drop In	6 Drop In ~~~ Drop In	7 Drop In ~~~ Creative Explorations 12:30 – 2:00	8 Drop In ~~~ Office Hours	9 Drop In ~~~ Office Hours	10 Nobody's Perfect 12 – 2 pm
11	12 Closed for Family Day	13 Drop In ~~~ Drop In	14 Valentine's Party No Drop In ~~~ Creative Explorations 12:30 – 2:00	15 Drop In ~~~ Nobody's Perfect 1:30 – 3:30	16 Drop In ~~~ Office Hours	17 Nobody's Perfect 12 – 2 pm
18	19 Drop In ~~~ Drop In	20 Drop In ~~~ Drop In	21 Drop In Circle of Security Part 1 of 8 ~~~ Creative Explorations 12:30 – 2:00	22 Drop In Public Health Nurse ~~~ Nobody's Perfect 1:30 – 3:30	23 Drop In Birthday Party ~~~ Office Hours	24 Nobody's Perfect 12 – 2 pm
25	26 Drop In ~~~ Drop In	27 Drop In ~~~ Drop In	28 Drop In Circle of Security Part 2 of 8 ~~~ Creative Explorations 12:30 – 2:00			

Main Site: 101 – 93 Sixth Street, New Westminster V3L 2Z8 **Phone:** 604-520-3666

Drop In Hours: Mornings 9:30 – 11:30 Monday – Friday Afternoons 1:00 – 3:00 Monday & Tuesday

Website: nwfamily.bc.ca

On the back page: Sixth Street site program details and program information for other site locations.

New Westminster Family Place
101 – 93 Sixth Street, New Westminster 604-520-3666

Lord Kelvin Elementary School Drop In Program: Join us on Tuesday, Wednesday & Friday mornings from 9:30 – 11:30 for our family drop-in program at 1010 Hamilton Street. (We are in the green portable on the 7th Avenue side). Enjoy playtime, art, playdough, snacks and songs. Note: this program is closed when the school is closed. Closed on **Feb 23rd** *Funded by the United Way*

Parent-Child Mother Goose Program is a group experience for parents and their young children 1 year to 4 years old. Trained facilitators focus on the pleasure and power of sharing rhymes, songs and stories. Pre-registration is required. Phone about the next session. *Funded by the United Way*



Nobody's Perfect Parenting Program, at our Sixth Street site, is for parents of children aged 0 – 5. Childminding is provided and pre-registration is required. Next **program** will start on March 1st from 1:30 – 3:30.

Immigrant Grandparents & Grandchildren Learning Together is on Fridays from 12:30 – 2:00 at Qayqayt Elementary School Neighbourhood Learning Centre located at 85 Merivale Street. Note: this program is closed when the school is closed. Closed on **Feb 23rd**.

Creative Explorations is for parents & children 2 & 1/2 – 5 years old to explore the creative self through arts & crafts, songs & stories. We ask that families commit to all 5 sessions, Wednesdays Jan 31 – Feb 28. In partnership with Family Services. Register at info@nwfamily.bc.ca

Dates to Remember in February

Note** Clothing Exchange is no longer running twice per month. Instead, we are planning to have a clothing cupboard available at each session. ******

Feb 1st Child Development Specialist will be here to answer your questions from 10:00 – 11:00

Feb 14th Valentine's Party! A perfect time to dress in red or pink. This is a potluck party so bring a prepared food dish to share. **You must pre-register. NO DROP IN TODAY.**

Feb 22nd Public Health Nurse will be here to answer your questions. 10:00 – 11:00

Feb 23rd Birthday Party! Everyone is invited to celebrate with children born this month.

Parent Education: At the 6th Street location. Pre-register in person at Family Place or email info@nwfamily.bc.ca

Feb 2nd from 1:00 – 3:00 Infant & Child CPR: Learn what to do if your child starts choking, becomes unconscious or stops breathing.

Feb 21st & 28th from 9:30 – 11:30 (1st and 2nd session of 8) Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Please plan to attend all 8 sessions as each week builds on information from the last session. Facilitators work with parents to help them to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honor the innate wisdom and desire for their child to be secure

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