

## Sundays

*We don't usually do things on Sundays at Family Place*

## Mondays

**9:30 – 11:30**  
*6th Street Drop In*

**1:00 – 3:00**  
*6th Street Drop In*

## Tuesdays

**9:30 – 11:30**  
*6th Street Drop In*

**9:30 – 11:30**  
*Kelvin Drop In*

**1:00 – 3:00**  
*6th Street Drop In*

## Wednesdays

**9:30 – 11:30**  
*6th Street Drop In*

**9:30 – 11:30**  
*Plaskett Drop In*

**1:00 – 2:30**  
*6th Street Unstructured baby drop in*

## Thursdays

**9:30 – 11:30**  
*6th Street Drop In*

**1:30 – 3:30**  
*6th Street Nobody's Perfect Parenting Program*

## Fridays

**9:30 – 11:30**  
*6th Street Drop In*

**9:30 – 11:30**  
*Outdoor Drop In*

## Saturdays

**10:00 - 11:00 am**  
*6th Street Family Yoga June 1, 2019*

*No pre-registration required - just drop in for family fun and yoga*

## Notes

## **FAMILY PLACE | 6th STREET**

On Mondays to Fridays we do our playroom arts, songs and snacks at 93 Sixth Street Unit 101

## **FAMILY PLACE | PLASKETT Baby Talk**

This speaker series will be back in September 2019

## **FAMILY PLACE | KELVIN**

On Tuesdays, 9:30 - 11:30 am, during the school year, we do our little chefs program at the portable at Lord Kelvin Elementary at 1010 Hamilton Street. *Note: This program will be moving to The Gallery at Queen's Park, in the Centennial Lodge, Queen's Park for July & August*

## **FAMILY PLACE | PLASKETT**

On Wednesdays, 9:30 - 11:30 am, we do our arts based drop in at Plaskett Gallery at 735 Eighth Avenue

## **FAMILY PLACE | OLIVET**

On Thursdays, we do our family playtime for members of the food bank at Olivet Church at 613 Queens Avenue

## **FAMILY PLACE | OUTDOOR**

On Fridays, 9:30 - 11:30 am, rain or shine, we do nature-based programming in the forest at Queen's Park near First Street and 5th Avenue

# Special Programs

## **Sleep Workshop**

Wednesday, June 19, 2019 7:00 - 8:30 pm. Join Dawn Whittaker, former nanny, night nanny, and trouble shooting-nanny spanning from the UK, to the USA to Australia, as she speaks about sleep. Dawn has a wide range of experience in all child-rearing related issues. Her experience as both a childcare provider and as a parent has provided her with a bird's eye view of the difference from working with other people's children to her own. Since 2006, she has had the opportunity to work with thousands of families one-on-one, and supported many local and international celebrities & personalities, NHL players, NFL players & MLS players on their parenting journeys **PRE-REGISTER** by emailing [info@nwfamily.bc.ca](mailto:info@nwfamily.bc.ca)  
*CHILD MINDING IS AVAILABLE BUT MUST BE PRE-ARRANGED AT THE TIME OF REGISTRATION*

## **Nobody's Perfect Parenting Program**

Information & support for parents of children aged 0 – 5 using a participant-centered, strength-based group process. Six-week group session with childminding provided. Pre-registration is required. Thursdays from 1:30 – 3:30 pm. This program will kick off again in September!

## **Raising Exceptional Children**

Support group for parents of special needs children ages 0–6 years old with Family Services of Greater Vancouver. Relax while connecting with other parents, sharing the challenges of parenting exceptional children, & learning about community resources. Last Saturday of each month. To register, call 604-525-9144 ext. 3636, 604-368-2154, or email [ceds-nw@fsgv.ca](mailto:ceds-nw@fsgv.ca)

## **Coming Up in July ... Summer Kick Off Picnic**

July 5th from 10:00 am - 1:00 pm Join us for our Annual KICK OFF to summer picnic in Queen's Park. We will be at the large picnic shelter. We will provide the BBQ and hot dogs - you can bring something to contribute to the picnic. The potluck part is always a huge hit! We will also have games, parachute fun, and all of the staff team will be there! Looking forward to seeing you!